

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Leemans Mats

Coaches: Chrispeels Sarah

Coaches: Januarius Bart

Coaches: Silvestre Coralie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 09:00
Heat: 1/6 Lane : 6 Athlete: DHONDT ANNELIEN			Q-time: 99:99:99
PB (25m pool): 00:35.00 LEUVEN 24/11/2024			PB (50m pool): 00:33.97 SB: no time
	2 5 M	5 0 M	
PB		00:35.00	
		00:35.00	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 09:02
Heat: 2/6 Lane : 6 Athlete: PEETERS RUCHE ALICIA			Q-time: 00:45:38
PB (25m pool): 00:44.83 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:44.59 SB: 00:44.83 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:44.83	
		00:44.83	
			

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 09:02
Heat: 3/6 Lane : 2 Athlete: MECHROUBI YASMINA			Q-time: 00:41:13
PB (25m pool): 00:41.13 Temse 17/11/2025			PB (50m pool): 00:39.68 SB: 00:41.13 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:41.13	
		00:41.13	
			

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 09:08
Heat: 1/5 Lane : 2 Athlete: ABOUAZAR KARL			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 09:08
Heat: 1/5 Lane : 3 Athlete: HAENEN COLIN			Q-time: 99:99:99
PB (25m pool): 00:39.19 Aarschot 28/04/2024 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:39.19	
	00:39.19		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 09:08
Heat: 1/5 Lane : 4 Athlete: CLAESSENS MATTIZ			Q-time: 99:99:99
PB (25m pool): 00:48.22 Kapelle-op-den-Bos 19/04/2026 PB (50m pool): no time SB: 00:48.22 Kapelle-op-den-Bos 19/04/2026			
	2 5 M	5 0 M	
PB		00:48.22	
	00:48.22		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 09:08
Heat: 1/5 Lane : 5 Athlete: SAADEH NAYIM			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): 00:41.07 SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 09:08
Heat: 1/5 Lane : 7 Athlete: HAAN ALEXANDER			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): 00:45.63 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 09:08
Heat: 1/5 Lane : 8 Athlete: ABOUAZAR PIETER			Q-time: 99:99:99
PB (25m pool): 00:41.75 Dilbeek 29/09/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:41.75	
	00:41.75		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 09:08
Heat: 2/5 Lane : 7 Athlete: TIELEMANS WOLF			Q-time: 00:46:49
PB (25m pool): 00:46.49 Sint-Pieters-Leeuw 05/10/2025			PB (50m pool): 00:39.75 SB: 00:46.49 Sint-Pieters-Leeuw 05/10/2025
	2 5 M	5 0 M	
PB		00:46.49	
	00:46.49		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 09:10
Heat: 3/5 Lane : 3 Athlete: BAS GASTON			Q-time: 00:33:48
PB (25m pool): 00:33.48 Leuven 12/10/2025			PB (50m pool): 00:34.65 SB: 00:33.48 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:33.48	
	00:33.48		
			

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 2: 50M BUTTERFLY MEN 11+							Heat:3, starttime: 09:10		
Heat: 3/5 Lane : 6 Athlete: LOUCKX TIM							Q-time: 00:34:34		
PB (25m pool): 00:34.34 Temse 17/11/2025				PB (50m pool): 00:34.50 SB: 00:34.34 Temse 17/11/2025					
	2 5 M		5 0 M						
PB			00:34.34						
			00:34.34						
									

Coach feedback:

Event number: 4: 200M FREESTYLE MEN 11+							Heat:1, starttime: 09:36	
Heat: 1/6 Lane : 6 Athlete: HAENEN COLIN							Q-time: 99:99:99	
PB (25m pool): 02:35.34 LEUVEN - Sportoase 22/12/2024							PB (50m pool): 02:41.29SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.09		01:13.82		01:54.73		02:35.34
	00:34.09		00:39.73		00:40.91		00:40.61	
								

Coach feedback:

Event number: 4: 200M FREESTYLE MEN 11+							Heat:2, starttime: 09:40	
Heat: 2/6 Lane : 1 Athlete: CLAESSENS MATTIZ							Q-time: 03:29:17	
PB (25m pool): 03:29.17 LEUVEN 21/12/2025				PB (50m pool): no time SB: 03:29.17 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.18		01:39.92		02:35.60		03:29.17
	00:45.18		00:54.74		00:55.68		00:53.57	
								

Coach feedback:

Event number: 4: 200M FREESTYLE MEN 11+							Heat:2, starttime: 09:40	
Heat: 2/6 Lane : 8 Athlete: DHONDT MICHIEL							Q-time: 03:29:40	
PB (25m pool): 03:29.40 Sint-Pieters-Leeuw 01/03/2026				PB (50m pool): no time SB: 03:29.40 Sint-Pieters-Leeuw 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.03		01:37.57		no time		03:29.40
	00:45.03		00:52.54					
								

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 4: 200M FREESTYLE MEN 11+							Heat:3, starttime: 09:44	
Heat: 3/6 Lane : 4 Athlete: GHISLAIN ANTOINE							Q-time: 02:31:42	
PB (25m pool): 02:31.42 Sint-Pieters-Leeuw 01/03/2026				PB (50m pool): 02:40.54SB: 02:31.42 Sint-Pieters-Leeuw 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.79		01:11.59		no time		02:31.42
	00:33.79		00:37.80					
								

Coach feedback:

Event number: 4: 200M FREESTYLE MEN 11+							Heat:3, starttime: 09:44	
Heat: 3/6 Lane : 6 Athlete: ABOU AZAR PIETER							Q-time: 02:35:39	
PB (25m pool): 02:35.39 Sint-Pieters-Leeuw 01/03/2026				PB (50m pool): 02:47.60SB: 02:35.39 Sint-Pieters-Leeuw 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.46		01:13.17		no time		02:35.39
	00:33.46		00:39.71					
								

Coach feedback:

Event number: 4: 200M FREESTYLE MEN 11+							Heat:4, starttime: 09:46	
Heat: 4/6 Lane : 6 Athlete: BAS GASTON							Q-time: 02:26:88	
PB (25m pool): 02:26.88 Temse 17/11/2025				PB (50m pool): 02:36.50SB: 02:26.88 Temse 17/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.89		01:09.41		01:48.22		02:26.88
	00:32.89		00:36.52		00:38.81		00:38.66	
								

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+										Heat:2, starttime: 09:58	
Heat: 2/6 Lane : 8 Athlete: DHONDT ANNELIEN										Q-time: 99:99:99	
PB (25m pool): 00:41.49 Aarschot 28/04/2024										PB (50m pool): no time SB: no time	
PB	2 5 M		5 0 M								
			00:41.49								
			00:41.49								
											

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 10:02
Heat: 4/6 Lane : 3 Athlete: MECHROUBI YASMINA			Q-time: 00:39:24
PB (25m pool): 00:39.24 Tienen 26/10/2025			PB (50m pool): no time SB: 00:39.24 Tienen 26/10/2025
	2 5 M	5 0 M	
PB		00:39.24	
		00:39.24	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 10:22
Heat: 1/5 Lane : 4 Athlete: DHONDT MICHIEL			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:2, starttime: 10:24
Heat: 2/5 Lane : 2 Athlete: HAAN ALEXANDER			Q-time: 99:99:99
PB (25m pool): 00:46.47 Sint-Pieters-Leeuw 06/10/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:46.47	
		00:46.47	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:2, starttime: 10:24
Heat: 2/5 Lane : 3 Athlete: ABOUAZAR KARL			Q-time: 00:46:32
PB (25m pool): 00:46.32 Wildersportcomplex 16/03/2025			PB (50m pool): no time SB: 00:46.59 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:46.32	
		00:46.32	
			

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 6: 50M BACKSTROKE MEN 11+							Heat:2, starttime: 10:24		
Heat: 2/5 Lane : 4 Athlete: JANUARIUS JULES							Q-time: 00:43:00		
PB (25m pool): 00:43.00 Sint-Pieters-Leeuw 05/10/2025							PB (50m pool): no time SB: 00:43.00 Sint-Pieters-Leeuw 05/10/2025		
	2 5 M		5 0 M						
PB			00:43.00						
			00:43.00						
									

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+										Heat:3, starttime: 10:26	
Heat: 3/5 Lane : 5 Athlete: LOUCKX TIM										Q-time: 00:38:56	
PB (25m pool): 00:38.56 Leuven 12/10/2025										PB (50m pool): no time SB: 00:38.56 Leuven 12/10/2025	
	2 5 M		5 0 M								
PB			00:38.56								
			00:38.56								
											

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+						Heat:1, starttime: 10:30		
Heat: 1/4 Lane : 3 Athlete: PEETERS RUCHE ALICIA						Q-time: 99:99:99		
PB (25m pool): 04:26.38 Tienen 26/12/2023			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		04:26.38
	no time							
								

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+						Heat:1, starttime: 10:48		
Heat: 1/4 Lane : 3 Athlete: ABOUAZAR KARL						Q-time: 99:99:99		
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 8: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 10:48	
Heat: 1/4 Lane : 4 Athlete: DHONDT MICHIEL							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 10:48	
Heat: 1/4 Lane : 5 Athlete: TIELEMANS WOLF							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 10:52	
Heat: 2/4 Lane : 2 Athlete: JANUARIUS JULES							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 10:52	
Heat: 2/4 Lane : 7 Athlete: HAENEN COLIN							Q-time: 99:99:99	
PB (25m pool): 03:28.12 Aarschot 28/04/2024				PB (50m pool): 03:55.18SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:28.12
	no time							
								

Coach feedback:

VBCSM 2 6: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 8: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 10:56	
Heat: 3/4 Lane : 1 Athlete: GHISLAIN ANTOINE							Q-time: 03:22:76	
PB (25m pool): 03:22.76 LEUVEN 23/11/2025				PB (50m pool): 03:46.19SB: 03:22.76 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.75		01:38.86		02:31.31		03:22.76
	00:46.75		00:52.11		00:52.45		00:51.45	
								

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 10:56	
Heat: 3/4 Lane : 2 Athlete: SAADEH NAYIM							Q-time: 03:19:71	
PB (25m pool): 03:19.71 LEUVEN 21/12/2025				PB (50m pool): no time SB: 03:19.71 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.30		01:35.43		02:28.45		03:19.71
	00:44.30		00:51.13		00:53.02		00:51.26	
								

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 10:56	
Heat: 3/4 Lane : 6 Athlete: BAS GASTON							Q-time: 03:19:67	
PB (25m pool): 03:19.67 LEUVEN 23/11/2025				PB (50m pool): 03:26.94SB: 03:19.67 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.91		01:36.72		02:27.59		03:19.67
	00:45.91		00:50.81		00:50.87		00:52.08	
								

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 10:56	
Heat: 3/4 Lane : 7 Athlete: ABOUAZAR PIETER							Q-time: 03:20:54	
PB (25m pool): 03:20.54 LEUVEN 21/12/2025				PB (50m pool): no time SB: 03:20.54 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.43		01:32.20		02:26.66		03:20.54
	00:41.43		00:50.77		00:54.46		00:53.88	
								

Coach feedback: